



**ROPE SKIPPING CANADA RELEASE
WAIVER AND ASSUMPTION OF RISKS 2026-2027**

**THIS IS A LEGAL DOCUMENT.
BY SIGNING THIS DOCUMENT, YOU AGREE TO. WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE
RIGHT TO SUE ROPE SKIPPING CANADA.
FOR PARTICIPANTS UNDER 18 YEARS OF AGE, THIS DOCUMENT MUST BE SIGNED BY A PARENT OR
LEGAL GUARDIAN.
THIS WAIVER DOES NOT APPLY TO RESIDENTS OF QUEBEC**

PLEASE READ CAREFULLY! _____Initials

Name of Participant: _____ Home
Address: _____ City: _____ Province: _____ Postal Code: _____
Phone: _____ Email: _____ Birthdate: (athletes
only) _____ (yyyy/mm/dd) CLUB Name: _____ Current year: _____

ASSUMPTION OF RISKS

I am aware that participating in ROPE SKIPPING CANADA activities and programs may involve many risks, dangers and hazards including but not limited to: contracting infectious diseases (such as COVID-19), equipment failure, falls, collisions, slips and falls, trips and falls, impact with other participants or objects, adverse health events such as heart attack, concussion or brain injury, tendon or muscle strain or rupture, bone fracture, urinary incontinence, or worsening of pre-existing injury or condition, and negligence of other participants, instructors or coaches.

I accept and fully assume all such risks, dangers and hazards and the possibility of personal injury and death that may arise from participation in these activities. Where the participant is a minor, any acknowledgment of risks and assumption of liability is provided exclusively by the undersigned parent or legal guardian, and not by the minor themselves. If signing as a parent/guardian of a participant under 18 years of age from British Columbia, I acknowledge that I am only acknowledging the risks involved and not waiving my child's legal rights.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

In consideration of and exchange for ROPE SKIPPING CANADA allowing my participation in its activities and programs, I agree:

TO WAIVE ANY AND ALL CLAIMS that I have or may have in the future against Rope Skipping Canada, its directors, officers, employees, volunteers, representatives and agents ("Released Parties") AND TO RELEASE them from any and all liability or fault for any loss, damage, expense or personal injury, including death, that I or any of my family members may suffer as a result of my participating in ROPE SKIPPING CANADA activities.

I agree to waive claims for losses that are DUE TO ANY CAUSE OR REASON, INCLUDING NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY DUTY OF CARE OR OTHER DUTY OF CARE ON THE PART OF ROPE SKIPPING CANADA.

I agree to waive claims for losses that are due to ANY FAILURE BY ROPE SKIPPING TO TAKE REASONABLE STEPS TO ENSURE MY SAFETY OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF PARTICIPATING IN THE ACTIVITIES OF ROPE SKIPPING CANADA.

MEMBER RESPONSIBILITIES

I agree to abide by the rules of ROPE SKIPPING CANADA and its affiliated provincial Rope Skipping associations. While participating in Rope Skipping, I agree to wear clothing that is safe for Rope Skipping participation, I will not wear jewellery, and I will not chew gum. I will follow up-to-date guidelines regarding infectious disease prevention (including COVID-19), as per the Public Health authority where I am participating in rope skipping.

I agree to allow photos, videos and/or audio recordings taken of the participant named above, at any skipping event to be used by ROPE SKIPPING CANADA and its authorized partners for promotional purposes, including but not limited to the Club, Provincial or ROPE SKIPPING CANADA websites, newspaper articles, press releases, social media or live video



streaming, in perpetuity. I understand I may revoke this consent for future use by providing written notice to ROPE SKIPPING CANADA.

SPECIAL NOTICE FOR BRITISH COLUMBIA RESIDENTS

If the participant is under the age of majority and a resident of British Columbia, by signing below, the parent/legal guardian acknowledges and accepts the risks associated with rope skipping activities on behalf of the minor participant.

Date

Participant's Name
(Legal Guardian for Participant, if under age of 18)

Witness' Name

Participant's Signature
(Legal Guardian for Participant, if under age of 18)

Witness' Signature

ADDENDUM - Participation outside of regular practice facilities and without a certified coach present:

My participation in all Rope Skipping Canada virtual events and activities is fully voluntary, and I acknowledge that I am solely responsible for ensuring a safe environment for participation, including but not limited to adequate space, appropriate flooring, and removal of hazards. I accept and fully assume all such risks, dangers and hazards and the possibility of personal injury and death that may arise from my participation in rope skipping activities at home and/or any other location outside of my normal practice facility. I also fully assume all risks, dangers and hazards and the possibility of personal injury and death that may arise from my participation in rope skipping activities without the presence of a certified coach and/or first-aid provider.

I agree TO WAIVE ANY AND ALL CLAIMS that I have or may have in the future against Rope Skipping Canada AND TO RELEASE them from any and all liability or fault for any loss, damage, expense or personal injury, including death, that I or any of my family members may suffer as a result of my participating in ROPE SKIPPING CANADA virtual events and activities.

Date

Participant's Name
(Legal Guardian for Participant, if under age of 18)

Witness' Name

Participant's Signature
(Legal Guardian for Participant, if under age of 18)

Witness' Signature