

## Team Single Rope Speed Relay (4 x 30 seconds)

Alberta Record Holder:

Age Category	Score	Team Name	Club	Year	Competition
Senior+ (50+) Female	166	Nicola/Jackie/Kyla/Tannis	HHE	2026	Open
Senior (30 & Over) Mixed	221.5	Kirstie/Tyrel/Ryan/Suzanne	SS	2026	Provincials
Senior (30 & Over) Female	311.5	Golden Girls	ST	2018	Team
Senior (19-29) Female	319	Kiyah/Quinn/Jaya/Eliana	ST	2026	Open
Senior (19-29) Mixed	344.5	Parker/Owen/Jackie/Sophie	ST	2025	Worlds
Intermediate 16-18 (Female)	325.5	Makenna/Brooklyn/Erin/Helen	CS	2026	Provincials
Intermediate 16-18 (Mixed)	323	Parker/Maysan/Owen/Jackie	ST	2022	Provincials
Intermediate 16-18 (Male)	179	Malcolm/Pieter/Ronin/Izak	RR	2025	Provincials
Junior 14-15 (Female)	292	Helen/Erin/Makenna/Emma	CS	2023	Provincials
Junior 14-15 (Mixed)	301.5	Lindsay/Aralia/Siyi (Bella)/Di (Leo)	JRR	2026	Provincials
12-13 Female	304	Macie/Avery/Emmie/Rhya	CS	2025	Nationals
12-13 Mixed	266	Rowan/Kingston/Hazel/Chase	SS	2024	Nationals
U 11 Female	260	Macie/Avery/Emmie/Rhya	CS	2024	Provincials
U 11 Mixed	176	Lucie/Owen/Georgia/Mackenzie	SS	2026	Provincials

### RETIRED RECORDS (CHANGE IN RULES)

Senior (30 & Over) Mixed (record set using athletes under 30:all athletes must now be 30+)	302.5	Jordan/Olivia/Shawna/Tyrel	ST	2018	Nationals
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## Team Single Rope Power Relay

U11 (4 X 30)

ALL OTHER AGE CATEGORIES (2 X 30)

Age Category	Score	Team Name	Club	Year	Competition
Senior+ (50+) Female	54	Jackie/Kyla	HHE	2025	Nationals
Senior (30 & Over) Male	105	Tyrel/Ryan	SS	2026	Provincials
Senior (30 & Over) Mixed	77	Renee/Ryan	SS	2024	Provincials
Senior (30 & Over) Female	140	Jodi/Renee	CS	2023	Open
Senior (19-29) Female	165.5	Alyssa/Katelyn	ST	2022	Nationals
Senior (19-29) Male	153	Rowan Everett	CS	2022	Nationals
Senior (19-29) Mixed	166	Everett/Katelyn	CJR	2024	IJRU Qual
Intermediate (16-18) Female	160	Helen/Erin	CS	2026	Provincials
Intermediate (16-18) Mixed	167	Owen/Alyssa	ST	2023	Open
Intermediate (16-18) Male	168	Parker/Owen	ST	2025	Provincials
Junior (14-15) Female	150	Quinn/Jaya	ST	2025	Open
Junior (14-15) Male	136	Kingston/Ezekiel	CON	2026	Open
Junior (14-15) Mixed	178	Leo/Bella	JRR	2025	Open
12-13 Female	139	Macie/Rhya	CS	2026	Provincials
12-13 Mixed	141	Rowan/Kingston	CON	2025	Provincials
12-13 Male	130	Pieter/Ronin	CS	2026	Provincials
U11 Female	89	Caiya/Quinlee	AC	2026	Provincials
U11 Male					
U11 Mixed	115.5	Silas/Miyah	CS	2026	Provincials

### RECORDS CLOSED AT THE END OF 2024-25 SEASON NO LONGER AN EVENT

U11 Female	116	Sophia/Mirabel	ST	2025	Provincials
U11 Mixed					
U11 Female	266.5	Macie/Avery/Emmie/Rhya	CS	2024	Open

## Team Double Dutch Speed Relay (4 x 30 seconds)

Alberta Record Holder:

Age Category	Score	Team Name	Club	Year	Competition
Senior+ (50+) Female	115	Jackie/Nicola/Kyla/Rhonda	HHE	2025	Provincials
Senior (30 & Over) Mixed	150	Denise/Tyrel/Ryan/Suzanne	SS	2026	Open
Senior (30 & Over) Female					
Senior (19-29) Female	318.5	Piper/jackie/Alyssa/Sophie	ST	2024	IJRU Qual
Senior (19-29) Mixed	307	Shailah/Garrett/Everett/Katelyn	CJR	2024	IJRU Qual
Senior (19-29) Male					
Intermediate (16-18) Female	298.5	Brooklyn/Erin/Makenna/Emma	CS	2026	Provincials
Intermediate (16-18) Mixed	273	Shailah/Owen/Jackie/Alyssa	ST	2023	Open
Intermediate (16-18) Male	75	Malcolm/Pieter/Ronin/Izak	RR	2025	Nationals
Junior (14-15) Female	238	Brooklyn/Makenna/Natasha/Emma	CS	2023	Provincials
Junior (14-15) Mixed	187.5	Riley/Sophia/Ada/Lucas	ST	2026	Provincials
12-13 Female	219.5	Macie/Avery/Emmie/Rhya	CS	2026	Open
12-13 Mixed	150.5	Chase/Kingston/Rowan/Mia	CS	2025	Nationals
U11 Female	155	Macie/Avery/Emmie/Rhya	CS	2024	Provincials
U11 Male					

### Team Double Dutch Speed Sprint (1 x 60 seconds)

Alberta Record Holder:

Age Category	Score	Team Name	Club	Year	Competition
Senior+ (50+) Female	101	Nicola/Jackie/Kyla	HHE	2026	Open
Senior (30 & Over) Mixed	118	Tyrel/Ryan/Suzanne	SS	2026	Provincials
Senior (30 & Over) Female	95	Nicola/Jackie/Kyla	HHE	2024	Provincials
Senior (19-29) Female	168	Jackie/Alyssa/Sophie	ST	2025	Provincials
Senior (19-29) Mixed	170	Shailah/Everett/Katelyn	CJR	2025	Worlds
Senior (19-29) Male	94	Garrett/Pieter/Ronin Trey/Chase/Kingston	RR/CON	2026	Open
Intermediate (16-18) Female	161	Natasha/Erin/Helen	CS	2026	Provincials
Intermediate (16-18) Mixed	157.5	Shaliah/Parker/Maysan	ST	2022	Nationals
Junior (14-15) Female	129	Ella/Quinn/Jaya	ST	2025	Provincials
Junior (14-15) Mixed	109	Riley/Ada/Lucas	ST	2026	Provincials
12-13 Female	138.5	Emmie/macie/Rhya	CS	2026	Open
12-13 Mixed	85	Hazel/Ezekiel/Hannah	CON	2026	Provincials
12-13 Male	65.5	Pieter/Ronin/Izak	RR	2025	Nationals

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### Team DDC Speed (1x60)

Alberta Record Holder:

Age Category	Score	Team Name	Club	Year	Competition
16+ Any	90	Alynn/Owen/Rory	HHE	2026	Provincials
12-15 Any	75	Emmie/Macie/Rhya	CS	2026	Provincials