

Team Single Rope Speed Relay (4 x 30 seconds)

Alberta Record Holder:

Age Category	Score	Team Name	Club	Year	Competition
Senior (30 & Over) Mixed	302.5	Jordan/Olivia/Shawna/Tyrel	ST	2018	Nationals
Senior (30 & Over) Female	311.5	Golden Girls	ST	2018	Team
Senior (19-29) Female	289.5	Piper/Alyssa/Katelyn/Sophie	ST	2022	Nationals
Senior (19-29) Mixed	324.5	Taylor/Halle/Kelly/Garrett	HHE	2023	Open
Intermediate 16-18 (Female)	295.5	Sophie/Valerie/Samantha/Shailah	ST	2022	Provincials
Intermediate 16-18 (Mixed)	332.5	Parker/Alyssa/Owen/Jackie	ST	2023	Worlds
Junior 14-15 (Female)	292	Helen/Erin/Makenna/Emma	CS	2023	Provincials
Junior 14-15 (Mixed)					
12-13 Female	247	Jada/Claire/Claire/Carleigh	CS	2023	Provincials
12-13 Mixed					
U 11 Female	229.5	Macie/Tessa/Emmie/Rhya	CS	2023	Team
U 11 Mixed					

Team Single Rope Power Relay

U11 (4 X 30)

ALL OTHER AGE CATEGORIES (2 X 30)

Age Category	Score	Team Name	Club	Year	Competition
Senior (30 & Over) Mixed					
Senior (30 & Over) Female	140	Jodi/Renee	CS	2023	Open
Senior (19-29) Female	165.5	Alyssa/Katelyn	ST	2022	Nationals
Senior (19-29) Male	153	Rowan Everett	CS	2022	Nationals
Senior (19-29) Mixed	165	Everett/Katelyn	CJR	2023	Worlds
Intermediate (16-18) Female	153	Kelly/Clara	HHE	2023	Open
Intermediate (16-18) Mixed	167	Owen/Alyssa	ST	2023	Open
Intermediate (16-18) Male					
Junior (14-15) Female	146	Erin/Emma	CS	2023	Open
Junior (14-15) Male					
Junior (14-15) Mixed	133	Malcolm/Karsyn	RR	2023	Open
12-13 Female	138	Jada/Claire	CS	2023	Open
12-13 Mixed					
12-13 Male	116.5	Malcolm/Chase	CS	2022	Provincials
U11 Female	238	Bayleigh/Karsyn/Amelia/Charlize	AC	2020	Team
U11 Mixed					

Team Double Dutch Speed Relay (4 x 30 seconds)

Alberta Record Holder:

Age Category	Score	Team Name	Club	Year	Competition
Senior (30 & Over) Mixed					
Senior (30 & Over) Female					
Senior (19-29) Female	290.5	Jenna/Piper/Katelyn/Sophie	ST	2022	Nationals
Senior (19-29) Mixed	260.5	Everett/Jodi/Alynn/Rowan	CS	2022	Provincials
Senior (19-29) Male					
Intermediate (16-18) Female	223	Abigail/Helen/Erin/Alexandra	CS	2023	Provincials
Intermediate (16-18) Mixed	290	Shailah/Owen/Jackie/Alyssa	ST	2023	Nationals
Junior (14-15) Female	238	Brooklyn/Makenna/Natasha/Emma	CS	2023	Provincials
Junior (14-15) Mixed					
12-13 Female	154	Jada/Natalie/Charlie/Claire	CS	2022	Nationals
12-13 Mixed					
U11 Female	128	Bayleigh/Karsyn/Amelia/Charlize	AC	2020	Team
U11 Male					

Team Double Dutch Speed Sprint (1 x 60 seconds)

Alberta Record Holder:

Age Category	Score	Team Name	Club	Year	Competition
Senior (30 & Over) Mixed					
Senior (30 & Over) Female					
Senior (19-29) Female	162	Jordan/Jenna/Sophie	ST	2023	Provincials
Senior (19-29) Mixed	160	Everett/Rowan/Katelyn	CJR	2023	Provincials
Senior (19-29) Male					
Intermediate (16-18) Female	160	Shailah/Jackie/Alyssa/	ST	2023	Open
Intermediate (16-18) Mixed	157.5	Shaliah/Parker/Maysan	ST	2022	Nationals
Junior (14-15) Female	143	Brooklyn/Makenna/Natasha	CS	2023	Worlds
Junior (14-15) Mixed	90.5	Malcolm/Karsyn/Kenadie	RR	2023	Nationals
12-13 Female	93	Jada/Charlie/Carleigh	CS	2023	Open
12-13 Mixed					