

Team Single Rope Speed Relay (4 x 30 seconds)

Alberta Record Holder:

Golden Girls

Age Category	Score	Team Name	Club	Year	Competition
Senior (30 & Over) Female	311.5	Golden Girls	ST	2018	Team
Senior (18-29) Female	272.5	Jordan/Holly/Jaydene/Sophie	ST	2017	Team
Senior (18-29) Mixed	304.5	Synergy	CS	2015	Provincials
Intermediate (15-17) Female	299.5	Rumble	ST	2018	Provincials
Intermediate (15-17) Mixed	296.5	High Voltage	HHE	2017	Provincials
13-14 Female	285.5	Kiki,Kayla,Jackie,Bryer	ST	2018	Provincials
13-14 Mixed	295	High Voltage	HHE	2016	Nationals
11-12 Female	271.5	Kanga's	Roos	2016	Nationals
11-12 Mixed	260	Wow Factor	CJC	2016	Provincials
10 & Under Female	260	Sassy Skippers	CJC	2015	Nationals
10 & Under Mixed	263	Cateyes	AC	2015	Nationals

Team Single Rope Double Under Relay (4 x 30 seconds)

Alberta Record Holder:

Olivia/Holly/Jaydene/Rowan

Age Category	Score	Team Name	Club	Year	Competition
Senior (30 & Over) Female	300.5	Golden Girls	ST	2018	Provincials
Senior (18-29) Female	273	Sophie/Jordan/Holly/Chloe	ST	2017	Nationals
Senior (18-29) Mixed	301.5	Olivia/Holly/Jaydene/Rowan	ST	2017	Team
Intermediate (15-17) Female	293.5	Impact	ST	2016	Nationals
Intermediate (15-17) Mixed	294	Jenna/Jaydene/Rowan/Sophie	ST	2017	Nationals
13-14 Female	276.5	Extreme Elevation	CS	2017	Provincials
13-14 Mixed	275	High Voltage	HHE	2016	Provincials
11-12 Female	273.5	Kanga's	Roos	2016	Nationals
11-12 Mixed	265.5	No Names	CJC	2017	Team
10 & Under Female	255.5	Sassy Skippers	CJC	2015	Nationals
10 & Under Mixed	261.5	Cateyes	AC	2015	Provincials

Team Double Dutch Speed Relay (4 x 45 seconds)

Alberta Record Holder:

Jaydene/Jenna/Sophie/Chloe

Age Category	Score	Team Name	Club	Year	Competition
Senior (30 & Over) Female	393	Golden Girls	ST	2018	Team
Senior (18-29) Female	370.7	Olivia/Holly/Jenna/Sophie	ST	2017	Team
Senior (18-29) Mixed	372.5	Synergy	CS	2015	Provincials
Intermediate (15-17) Female	407	Jaydene/Jenna/Sophie/Chloe	ST	2017	Nationals
Intermediate (15-17) Mixed	372.5	High Voltage	HHE	2018	Provincials
13-14 Female	331	Extreme Elevation	CS	2018	Provincials
13-14 Mixed	327.5	High Voltage	HHE	2016	Provincials
11-12 Female	269.5	Kanga's	Roos	2016	Nationals
11-12 Mixed	274.5	Diamond Jumpers	CJC	2016	Provincials
10 & Under Female	218	Sassy Skippers	CJC	2015	Nationals
10 & Under Mixed	215	Kanga's	BS	2015	Provincials

Team Double Dutch Pairs Speed Relay (2 x 60 seconds)

Alberta Record Holder:

Golden Girls

Age Category	Score	Team Name	Club	Year	Competition
Senior (30 & Over) Female	324	Golden Girls	ST	2018	Provincials
Senior (18-29) Female	229.5	Jordan/Jaydene/Jenna/Sophie	ST	2017	Provincials
Senior (18-29) Mixed	284	Synergy	CS	2015	WJR Championships
Intermediate (15-17) Female	285	Rumble	ST	2018	Team
Intermediate (15-17) Mixed	256.5	High Voltage	HHE	2017	Team
13-14 Female	242	Vortex	CJC	2018	Provincials
13-14 Mixed	268	High Voltage	HHE	2015	Provincials

Team Double Dutch 3 x 40 Speed Relay

Alberta Record Holder:

Jaydene/Jenna/Olivia

Age Category	Score	Team Name	Club	Year	Competition
Senior (30 & Over) Female	267	Olivia/Jordan/Shawna	ST	2017	Nationals
Senior (18-29) Female	286.5	Jaydene/Jenna/Olivia	ST	2017	Team
Senior (18-29) Mixed	232.5	Jodi/Tatem/Jon	CS	2015	WJR Championships
Intermediate (15-17) Female	266	Jaydene/Jenna/Sophie	ST	2017	Nationals
Intermediate (15-17) Mixed	279	Holly/Chloe/Rowan	ST	2017	Nationals
13-14 Female	223.5	Rylie/Caydee/Sarah	Roos	2017	Nationals
13-14 Male	176.5	Parker/Owen/Carter	CJC	2017	Nationals
13-14 Mixed	180	Hope/Brynne/Matthew	CS	2016	Nationals
13-14 Mixed	180	Taylor,Avery,Izzy	HHE	2018	Provincials (tied record)
11-12 Female	175.5	Makenzie,Rylie,Kate-Lynn	Roos	2016	Provincials
11-12 Mixed	156.5	Chloe/Scarlett/Carter	CJC	2016	Provincials

Record-keeping began with 2011 Nationals