

# ROPE SKIPPING ALBERTA

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JUMP ROPE NEWS IN YOUR COMMUNITY!

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## SPECIAL EDITION

I am a part of the Competition Task Group, along with several others from across Canada, and we are needing input from our provinces as to how they would like to see Nationals change for next year, and the years to come. We had our first meeting this week, and started throwing around some ideas, mainly based on both proposals that we had received before Nationals this year from RSANS and ORSO. I am just going to list out what we started talking about - keep in mind that these are just our initial thoughts to get the ball rolling, and once I have received responses from Alberta, I can bring that back to our next meeting as feedback. I would love to have as many responses as possible by August 1st, so I have time to compile them before our meeting on August 6th.

Here are some of the things we discussed:

- Maintain the 8 events for overall in Team, and the 4 events for overall in Masters  
(Should any of the events change? Should all of them be required in order to place overall?)
- Keep the regular events as stated above, but also add Double Dutch 3x40 speed relay and the Wheel event, but not have them count towards overall - they will be stand alone events  
(This will help our Nationals align more with WJR events, so our athletes are able to train for them)
- Qualifying for Nationals: top 8 overall in each age category for team and masters, but possibly allow for up to 3 specialists in each Masters event? This will allow the athletes who focus primarily on one event, such as 3 minute speed or doubles/ triples to still qualify to do that event at Nationals, without them needing to do the other events (They must qualify in the top in that event to do so though, to ensure the best scores are being sent to Nationals)
- Allow 5ths (& 4ths) from teams to compete in separate groups without affecting their team's overall for the particular events they are not in with their regular team.

*Example:*

*Team 1: Julie, Jodie, Jamie, Jordan, Jackie*

*Julie, Jodie, and Jamie do DDSF for their team in overall. Jordan and Jackie should be free to team up with someone else to do a DDSF independent of the overall competition.-*

- Remove SRPR (doubles) from FISAC overall qualifier, same as triples & DDPS (but keep in RSC overall calculation)
- "Grands" at Nationals - we like the idea, but what's the best way to do it? Should it all be on the Monday following the weekend, or split up in the evenings...? Any ideas for this are welcome!!
- Few extras: submit music ahead of time to keep volume consistent and to keep the competition flowing smoothly.
- Have all judges on same side of the floor, so athletes can face the crowd.

I'd love feedback on these thoughts, and any other ideas that may have come up through reading the proposals. My email is: [jodilynne7@gmail.com](mailto:jodilynne7@gmail.com)

Thank you very much!

Jodi Harrison