

Responsibilities of Rope Skipping Canada's Head Coach 2016

In certain circumstances co-coaches will be appointed instead of a single head coach.

**This position is ultimately responsible to the board of Rope Skipping Canada (RSC).
The RSC Head Coach is expected to act in accordance with RSC's values:**

EXCELLENCE by supporting athletes, coaches and the international Rope Skipping community in promoting wellness and personal achievement

INTEGRITY through fairness, equity, accountability and respect for athletes, coaches and international Rope Skipping community

COLLABORATION with athletes, coaches and international Rope Skipping community

DIVERSITY and everyone's right to participate in an environment that respects all individuals and is free of harassment and discrimination

These values are expected to be demonstrated through the following activities:

Meet with Team Canada after the conclusion of the Canadian National Championship 2016

1. Facilitate team building activities to build team morale and cohesiveness.
2. Understand any Team Canada athletes' individual needs or concerns that may be implicated with their wellbeing or performance. This may require gathering information via a survey or individual athlete meetings.
3. Set expectations for appropriate athlete engagement with themselves, other Team Canada members and any others while a part of the team.
4. Provide or coordinate education sessions on topics which may positively influence performance (e.g. sport psychology, nutrition, recovery, training methods, injury prevention, etc.).

Maintain Orderliness, Health and Safety

1. Attend all coaches meetings during the event.
2. If justified, deal with appeals in a timely manner.
3. Handle any discipline issues with compassion and respect for those involved.
4. Ensure athletes are aware of practice, competition and meeting times.
5. Ensure athletes are aware of any specific expectations for competition.
6. Ensure athlete's music is submitted properly and that back up music is available in the case of technical difficulty.
7. Ensure athletes have a Team Canada uniform.
8. Know the emergency protocols of the competition facility
9. Know where the nearest accessible hospital is located and how to access this care if needed.

10. Ensure athletes are aware of First Aid facilities available on site.
11. Provide general travel safety information to athletes (<http://travel.gc.ca/>).
12. Ensure athletes are aware of any immunizations they may require for the region(s) they are traveling both during and after the competition.
13. Ensure athletes are aware of the importance of having travel health insurance.
14. Ensure athletes are aware of the need to obtain a valid passport.

Maintain a Positive Team Dynamic

1. Maintain positive interactions with both Team Canada and others at the event.
2. Maintain transparency with team issues when appropriate.
3. Be an advocate for all Team Canada members.
4. Have periodic team meetings when desirable to reflect on what has happened so far during the event and to plan for subsequent days or events.
5. Encourage Team Canada members to wear their uniform whenever possible.
6. Encourage socializing among Team Canada members when appropriate.
7. Encourage socializing with participants from other countries to build international friendships.
8. Encourage participation at the World Camp to help further the level of Rope Skipping in Canada.